



Brain Injury Recovery Expert
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Case Management • Consultation • Public Speaking

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What I Do

Brain Injury Management provides a specialized service for survivors and family members dealing with traumatic brain injuries (TBI). A TBI is the result of a bump, shock or serious penetrating wound to the brain changing the normal function of the brain. I provide up-to-date recovery information for TBI survivors, families and organizations. I empower individuals to grow to reach their potential to lead healthier lives. I provide assistance in making choices for the optimal use of services and resources that are available through state, local support systems, for profit and nonprofit facilities. I can assume the role of case manager, liaison, advocate and/or educator, connecting you to the appropriate programs available. Referrals are available to an appropriate and qualified network of; doctors and attorneys, rehabilitation service providers, supportive services.

Keep Your Head In The Game

I created a special motivational program promoting the need to **THINK FIRST**. This program is available to enhance elementary to high school prevention programs. Call to schedule one class or a full day assembly program in your school.

How Can I Help?

Surviving traumatic brain injury has given me insight to the complexities of managing the recovery process of a traumatic incident. This has resulted in over 20 years of experience serving individuals and their families. I provide services that help with community integration and support those who have the desire to grow and reach their full potential. I ease the difficult moments by using my knowledge learned through experience. Call if a family member or TBI survivor experiences a roller-coaster of emotions. Change is difficult for all especially when family dynamics begin to alter during this time of TBI because it does effect the whole family system. If you're not sure what's next in your loved ones recovery process or they would like to re-enter the community to integrate socially, feel free to call for assistance.

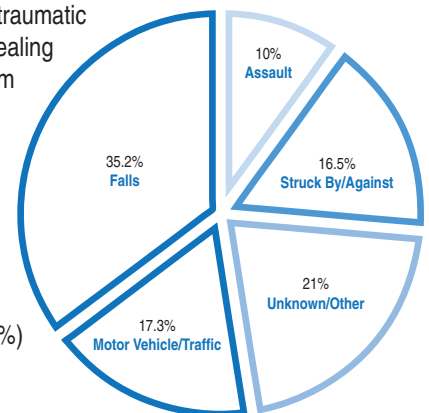
Whom Do I Serve?

Brain Injury Management meets immediate and long-term needs of individuals, couples, groups and families dealing with traumatic brain injury.

- The individuals, families and couples who are survivors of a Traumatic Brain Injury and/or other incidents
- Public Education and Consultants to Individuals and Groups
- TBI Support Groups
- Attorneys who represent TBI survivors

Why I Do It

Every year more individuals survive traumatic head injuries and need assistance dealing with the challenges that confront them on a daily basis.



The leading causes of TBI are:

- Falls (35.2%)
- Motor vehicle – traffic (17.3%)
- Struck by/against events (16.5%)
- Assaults (10%)

Falls:

- Falls continued to be the leading cause of TBI (35.2%) in the United States. Falls cause half (50%) of the TBIs among children aged 0 to 14 years and 61% of all TBIs among adults aged 65 years and older.

Motor Vehicle-Traffic Crashes:

- Among all age groups, motor vehicle crashes and traffic-related incidents were the second leading cause of TBI (17.3%) and resulted in the largest percentage of TBI-related deaths (31.8%).

1 Faul M, Xu L, Wald MM, Coronado VG. Traumatic brain injury in the United States: emergency department visits, hospitalizations, and deaths. Atlanta (GA): Centers for Disease Control and Prevention, National Center for Injury Prevention and Control; 2010

<http://www.cdc.gov/TraumaticBrainInjury/causes.html>

Who Am I?

- MS Ed, Community Counseling, Duquesne University, Pittsburgh, PA
- Certified Brain Injury Trainer (CBIT)
- BA from Pennsylvania State University
- Think First Speaker, National Injury Prevention Foundation
- Seventeen featured articles in publications from Florida to Pennsylvania detailing available head injury services
- Keynote speaker at local and regional conferences for survivors and rehabilitation professionals
- Outstanding Achievement Award, The Federation of Independent School Alumni, Harmarville Rehabilitation Center.
- Honoree, Celebration of the Stars, Keystone State Head Injury Foundation